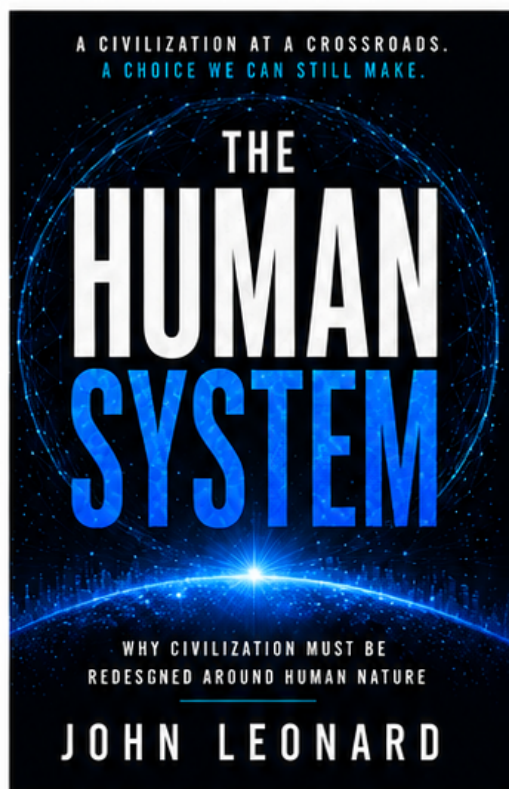


THE HUMAN SYSTEM

WHY CIVILIZATION MUST BE REDESIGNED AROUND HUMAN NATURE

by John Leonard

A vital, evidence-based reckoning with modern life,
for readers of *Sapiens*, *The Righteous Mind*, and *Tribe*.



ABOUT THE BOOK

We have built the most prosperous civilization in human history. We are also, on every measurable dimension, growing lonelier, more anxious, and less certain that any of it matters.

In *The Human System*, John Leonard takes up a question that economists, politicians, and pundits have spent a generation avoiding. Why, in the wealthiest societies that have ever existed, are so many people quietly unwell? The answer, he argues, is neither ideological nor partisan. It is structural. The systems we built to serve us have gradually drifted out of alignment with the creatures who must live inside them.

Drawing on psychology, history, biology, and behavioral economics, *The Human System* traces how modern civilization has come to optimize for the wrong variables — and, in its final chapters, lays out how the repair begins.

PERFECT FOR READERS OF

- Yuval Noah Harari, *Sapiens*
- Jonathan Haidt, *The Righteous Mind*
- Sebastian Junger, *Tribe*
- Robert Putnam, *Bowling Alone*
- Viktor Frankl, *Man's Search for Meaning*

KEY SELLING POINTS

- Written for readers across the political spectrum — deliberately non-partisan
- Draws on evidence from Frankl, Haidt, Putnam, Cacioppo, Kahneman, and more
- Culturally timely: speaks to the loneliness epidemic, the meaning crisis, and the mental health emergency among young adults
- Debut nonfiction from an Indigenous Canadian author (Mohawks of the Bay of Quinte)

ABOUT THE AUTHOR

John Leonard is a nonfiction author and member of the Mohawks of the Bay of Quinte in Ontario, Canada. His writing draws on psychology, history, and the human sciences to ask honest questions about how modern civilization can be brought back into alignment with the people who live inside it. *The Human System* is his first nonfiction book.

ORDERING INFORMATION

Title:	The Human System
Subtitle:	<i>Why Civilization Must Be Redesigned Around Human Nature</i>
Author:	John Leonard
ISBN-13:	978-1-0679845-0-2
Publisher:	Legend Publishing
Publication Date:	August 3, 2026
Format:	Trade Paperback
Trim Size:	6 × 9 inches
Page Count:	231
Retail Price (US):	\$16.99
Retail Price (CAD):	\$22.99
BISAC Category:	Social Science / Social Theory (SOC039000)

DISTRIBUTION

Distributor:	IngramSpark / Ingram
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